



# OCTOBER MENU

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

	1 CHICKEN WINGS LS: BONELESS WINGS VEGGIE NUGGETS POTATO WEDGES CELERY-CARROTS W/RANCH	2 CHICKEN PESTO PASTA PESTO PASTA ROASTED BROCCOLI BREADSTICKS	3 SACK LUNCHES LS: TURKEY/CHEESE SANDWICHES SUNBUTTER/JELLY** US: TURKEY OR HAM/CHEESE SANDWICHES CHIPS-APPLE-COOKIE	4 FALL BREAK
7 FALL BREAK	8 FALL BREAK	9 MEATBALL SUBS BLACK BEAN BURGERS** CHIPS ITALIAN STYLE SALAD	10 CHICKEN FRIED RICE VEGGIE FRIED RICE VEGGIE EGGROLLS ROASTED BROCCOLI	11 GRILLED CHEESE TOMATO SOUP FRUIT
14 BOWTIE CHICKEN & SPINACH PASTA BOWTIE SPINACH PASTA GARLIC BREAD CAESAR SALAD	15 WALKING TACOS CHEESE QUESADILLAS MEXICAN BEANS CORN	16 SALISBURY STEAK W/ BROWN GRAVY GARDEN BURGERS MASHED POTATOES GREEN BEANS	17 LS: ORANGE CHICKEN US: GENERAL TSO CHICKEN ROASTED TOFU WHITE RICE ROASTED BRUSSEL SPROUTS	18 PIZZA DAY!! LS: CHEESE PIZZA US: CHEESE/TURKEY SAUSAGE PIZZA BREADSTICKS GARDEN SALAD
21 BAKED POTATO BAR LS: TATOR TOT BAR BEEF CHILI US: BACON BITS BLACK BEAN/CORN BLEND ROASTED BROCCOLI	22 BURRITO BOWLS MEXICAN RICE MEXICAN BEANS CORN TOPPINGES	23 CHICKEN PHILLY BLACK BEAN BURGER STEAK FRIES FRUIT	24 SPAGHETTI W/ MEATBALLS SPAGHETTI W/ MARINARA BREADSTICKS CAESAR SALAD	25 MINI CORN DOGS VEGGIE CORN DOGS SWEET POTATO FRIES FRUIT
28 HAMBURGER GARDEN BURGER FRENCH FRIES FRUIT	29 CHICKEN NUGGETS VEGGIE NUGGETS RICE PILAF VEGGIES	30 SACK LUNCHES LS: TURKEY/CHEESE SANDWICHES SUNBUTTER/JELLY** US: TURKEY OR HAM/CHEESE SANDWICHES CHIPS-APPLE-COOKIE	31 NO SCHOOL	1 NO SCHOOL



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WEDNESDAY

THURSDAY

FRIDAY

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